



CALIFORNIA  
**LEGION**  
GAMES

# SWEAT FOR OUR VETS.

**WALK with us. WORK OUT with us. Simply WOW us.**

**Nearly 2 million heroes who have served our country call California home. And sometimes, even those heroes need a helping hand.**

The American Legion Department of California has launched California Legion Games to bring awareness to the mental and physical challenges many of our Veterans, Active Duty and dependent families face. Together, we can commit to changing the lives of each of those heroes who needs a helping hand, demonstrating the love and appreciation they deserve from our proud California community.

## 4 Great Ways to Participate

**1**

### **Sweat with us.**

Join us on October 15 at San Onofre Beach State Park for our first **California Legion Games**.

Whether you walk, run or challenge yourself in our competitive divisions, together we can improve the health and well-being of our Veterans, Active Duty, and their families.

**2**

### **Fundraise.**

Activate your network of friends and family to support the **California Legion Games and make an even bigger impact.**

Build your own fundraiser, reach awards levels when others support you, and raise valuable resources to combat health challenges for our heroes.

**3**

### **Go Virtual.**

Can't make it to **California Legion Games** this year? You can still make an impact by participating virtually.

Follow our program or make up your own workout plan the day of the event. Encourage others to join your workout on behalf of our brave heroes.

**4**

### **Donate.**

You can still make an impact by participating virtually.

Follow our program or make up your own workout plan the day of the event. Encourage others to join your workout on behalf of our brave heroes.

**Join us! October 15, 2022** on San Onofre Beach and help put an end to the physical and mental hardships that impact our California heroes and limit their quality of life.

**Scan the QR code to register or go to: [californialegiongames.com](http://californialegiongames.com)**

